

32nd Annual Medina Relays

April 11, 2020

Order of Events

Finals

10:00 am Girls High Jump (west end)
 Boys High Jump (east end)
 Boys Shot Put

10:00 am Girls Long Jump

10:00 am Boys Pole Vault (2 person)

10:00 am Girls Discus

The following events will begin at the conclusion of those events listed above:

 Girls shot put
 Boys Discus
 Girls Pole Vault (2 person)
 Boys Long Jump

10:30 am Girls 4 x 1600 Meter Relay

11:00 am Boys 4 x 1600 Meter Relay

11:30 am Boys 3200 Meter Run

Junior Varsity Events

11:50 am Girls Sprint Medley Relay (2 heats)
 (100, 100, 200, 400)
 Boys Sprint Medley Relay (2 heats)
 (100, 100, 200, 400)

 Girls 1600 Meter Run (2 entries per school)
 Boys 1600 Meter Run (2 entries per school)

Finals

12:35 pm National Anthem
 Special Awards Ceremony

12:50 pm Girls Sprint Medley Relay (2 heats)
 (100, 100, 200, 400)
 Boys Sprint Medley Relay (2 heats)
 (100, 100, 200, 400)

All of the following events are on a rolling schedule

Girls 4 x 800 Meter Relay
 Boys 4 x 800 Meter Relay

Girls 100 Meter Hurdles (33") (2 heats)
 Boys 110 Meter Hurdles (39") (2 heats)

Girls 100 Meter Dash (2 heats)
 Boys 100 Meter Dash (2 heats)

Girls Distance Medley Relay
 (1200, 400, 800, 1600)
 Boys Distance Medley
 (1200, 400, 800, 1600)

Girls 4 x 100 Meter Relay (2 heats)
 Boys 4 x 100 Meter Relay (2 heats)

Girls Shuttle Hurdles (30") (4 heats)
 Boys Shuttle Hurdles (36") (4 heats)

Girls 200 Meter Dash (2 heats)
 Boys 200 Meter Dash (2 heats)

Girls 3200 Meter Run

Girls 4 x 400 Meter Relay (2 heats)
 Boys 4 x 400 Meter Relay (2 heats)

The Junior Varsity Events will not be scored.
 The 100/110 Hurdles, 100 Meter Dash and the
 200 Meter Dash will be run as timed finals
 with the faster heats being run last.

We hope to be done by 4:45 pm.

Please note: the boys and girls pole vault relay will be a 2-person relay instead of 3-person